



University of Peradeniya

Faculty of Engineering

Department of Engineering Mathematics

To: TED Talk Review Committee

Subject: Recommendation of Dr. Paul Lam

Dear Members of the Committee

When I met Dr. Paul Lam a few years ago at a Tai Chi for Arthritis workshop he conducted in Sri Lanka, I have already been practicing Tai Chi for a long time. But this meeting was a very inspiring one for me. His positive attitude and very systematic approach for teaching tai chi to people of all ages and conditions, and inspiring them, gave a new perspective to me and to many other tai chi practitioners here. Like his very educative, instructive and inspiring DVDs on variety of Tai Chi practices especially for health, his excellent book on “Teaching Tai Chi Effectively” has become a hand book for many of the tai chi teachers today, who wish to take this healing art to the mass. I think, Dr. Lam being an excellent presenter and a communicator, can reach and inspire many fold of people than the millions of people he has inspired around the world, if he can make TED talk. I with great enthusiasm wish to recommend the Ted Talk Review Committee to give Dr. Lam an opportunity to talk at the coming TED conference.

Thank you.

Sincerely

Prof. Kirthi S. Walgama
Professor in Department of Engineering Mathematics