

1st November 2016

To Ted Talk Review Committee,

Dr Paul Lam is a well recognised Tai Chi teacher, Family Physician, Researcher, Author and Presenter from Sydney, Australia.

His program is supported by Centers of Disease Control and Prevention, Arthritis Foundation and many other organisations.

I recommend he present the topic "Tai Chi can empower you and help solve the global health crisis" to The Ted Talk "The Future You".

Yours Sincerely,

SR Lord

Professor Stephen Lord Senior Principal Research Fellow Falls, Balance and Injury Research Centre

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