



MEETING held GMT+8 on 5th April 2020 via Go to Meeting

PRESENT:

Dr. Paul Lam (Director)	Elizabeth (Libby) Hill
Tang Ching Lau (Chair)	Dave Carter
Winnie Lo (Treasurer)	Rosalie Rudduck
Jocelyn Simpson (Secretary)	Aileen Bonaparte
Pat Lawson	

1. WELCOME & APOLOGIES

The Chair welcomed all to the meeting. Apologies were recorded from Margaret Brade and Sarah Malia.

2. MINUTES OF LAST MEETING

Dave Carter proposed and Pat Lawson seconded that the minutes of the meeting of 1st March 2020 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for the website.

JS

3. MATTERS ARISING (not otherwise on the agenda)

4. INSTITUTE GOVERNANCE & ADMINISTRATION

4.1 Membership

WL

4.1.1 Numbers:

-MT 72 (same)

-ST 123 (same)

-Premier Instructors 852 (minus 37)

-Instructors 2647 (minus 95)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

4.2 Finance Report

Balance as of end of March 2020: \$80,136.09.

WL



5. INSTITUTE SUB COMMITTEES

- 5.1 Harmonization Committee:** No new activity to report. MB
- 5.2 Promotion & Resources:** A committee composed of the Chair, Beverly Roberts, Ileina Ferrier and Dr. Lam are working with USA government regarding TCHI's status with Title III-D evidence based fall prevention approved programs. Paul L
Chair
- 5.3 Research & Development:** Rhayun Song continues research on Tai Chi for Memory in South Korea. Georgia Institute of Technology, USA, expects to start participant involvement in Seated Tai Chi for Arthritis research study in April 2020. Paul L
Chair
- 5.4 Training & Education:**
- 5.4.1 ST Training:** Paul Lam and Pat Lawson continue work on ST training for the annual June workshop in USA. Pat L
Paul L
- 5.4.2 MT Training:** Pat Lawson to complete core competencies with addition of our newest programs.
- 6. ANY OTHER BUSINESS**
- 6.1 Review of Administrative Systems** Chair
- The Chair to meet with Dr. Lam on this matter.
- 7. KEY ACTIONS**
- Item 2** Jocelyn to send PDF of approved Minutes to Dianne. JS
Chair
- Item 5.2** The Chair to circulate Title III-D committee report. The Board to explore alternative ways to reach out to Participants, Instructors, STs and MTs during this current health crisis. Board
- Item 5.4** Pat to finalize ST training document and MT core competencies. Pat L
- Item 6.1** Chair to meet with Dr. Lam. Chair,Paul
- 8. DATE OF NEXT MEETING**
- The date of the next scheduled meeting was agreed as GMT + 8 Sunday 3rd May 2020 via Go to Meeting.
- Dates for 2020 had been listed on the agenda.

The meeting closed at 22:30 AEST.



DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC
NSW Government. Register number INC 9897544

Chaired by Tang Ching Lau

Minutes by Jocelyn Simpson