



MEETING held GMT+8 on 7th February 2021 via Zoom

PRESENT:

Tang Ching Lau (Chair)	Aileen Bonaparte
Dr. Paul Lam (Director)	Rosalie Rudduck
Winnie Lo (Treasurer)	Pat Lawson
Jocelyn Simpson (Secretary)	Elizabeth (Libby) Hill
Andrea Lam (special guest)	

1. WELCOME & APOLOGIES

The Chair welcomed all to the meeting. Apologies were recorded from Sarah Malia, Dave Carter and Margaret Brade.

2. MINUTES OF LAST MEETING

Aileen Bonaparte proposed and Rosalie Rudduck seconded that the minutes of the meeting of 3rd January 2021 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for the website.

JS

3. MATTERS ARISING (not otherwise on the agenda)

3.1 Post-Pandemic World (look to the future): The January Annual Workshop, AGM, MT & ST Global Meetings and MT & ST Update Workshops were all held virtually, resulting in more global communication.

Chair

3.2 NCOA National Conference USA June 2021: Ileina Ferrier and Beverly Roberts to represent TCHI. Cost approximately 1,000 USD for booth.

4. INSTITUTE GOVERNANCE & ADMINISTRATION

4.1 Membership

WL

4.1.1 Numbers:

-MT 68 (plus 1)

-ST 129 (same)

-Premier Instructors 642 (plus 7)

-Instructors 1771 (minus 10)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)



4.2 Finance Report

Balance as of end of January 2021: \$52,605.18 WL

5. INSTITUTE SUB COMMITTEES

5.1 Harmonization Committee: No new activity to report. MB

5.2 Promotion & Resources: Tai Chi for Arthritis & Fall Prevention course recognized at university in Singapore with some government funding to train adults in this new course. University recognition may open the door to incorporate the program in undergraduate modules. Paul L Chair

5.3 Research & Development: Tai Chi for Arthritis & Fall Prevention virtual Instructor training funded by Emory University's Geriatric Workforce Enhancement Project grant has begun for all instructors/instructor candidates associated with Area Agencies on Aging across the state of Georgia USA. Virtual implementation will allow reach to individuals who are experiencing isolation and enhanced risk of falling due to the COVID-19 Pandemic and remove geographic barriers as well. Paul L Chair

5.4 Training & Education:

5.4.1 Video developed to accompany virtual teaching guide, joint effort with Dr. Lam and MTs experienced in virtual teaching. Pat L Paul L

5.4.2 Dr. Lam has completed an alternative Instructor Training Program incorporating Stage 1 self-paced 20 hour online training along with Stage 2 one day workshop with Master Trainer. This would further standardize the training and make it more accessible to participants.

6. ANY OTHER BUSINESS

6.1 Ongoing discussion with Dr. Lam regarding the legal status of the TCHI website ownership. Chair



7. KEY ACTIONS

- Item 2** Jocelyn to send PDF of approved Minutes to Dianne. JS
- Item 4.1** Chair to contact Rani regarding her mental health contacts to write small articles of encouragement to instructors and participants monthly in newsletter. Chair
- Item 6.1** Attorney Paul Pritchard retiring but working with replacement, expected to provide proposal regarding website ownership by March Board meeting. Paul L
- Jocelyn to work with Margaret regarding updated bylaws to upload to website. JS, MB

8. DATE OF NEXT MEETING

The date of the next scheduled meeting was agreed as GMT + 8 Sunday 7 March 2021 via Zoom.

Dates for 2021 had been listed on the agenda.

The meeting closed at 21:49 AEST.

Chaired by Tang Ching Lau

Minutes by Jocelyn Simpson