



DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC

NSW Government. Register number INC 9897544

TCHI Annual General Meeting

Date: Sunday 10th January 2021

Venue: Zoom

Commenced: 08:00 hours AEST

Attendance: Director – Dr Paul Lam
Treasurer – Winnie Lo
Secretary – Jocelyn Simpson
Members of the Board
Aileen Bonaparte
Dave Carter
Patricia Lawson
Rosalie Rudduck
Chief Operating Officer – Dianne McGrath
45 Members and visitors including Master Trainers, Senior Trainers and Instructors

Apologies: Chairperson – Raymond Lau
Deputy Chair – Margaret Brade
Board Members – Sarah Malia, Elizabeth Hill

Opening: The Tai Chi for Health Institute Annual General Meeting was opened by Dr Lam. He welcomed members of the Board, Master Trainers, Senior Trainers, Members and visitors to the 23rd Annual Tai Chi Workshop.

Minutes of Last Meeting: Minutes of the meeting 9th January 2020 were proposed approved by Becky Rahe, seconded by Aileen Bonaparte.

The **Chairperson, Dr Lau's written report for 2020** (attached) was read and included:

- Highlights for the year: How we faced the challenges of the COVID19 pandemic, which led to development of online classes and virtual workshops, making Tai Chi for Health programs more accessible worldwide. Dr. Lam developed virtual guidelines for MTs and Instructors for conducting training workshops and classes. Additional enhancements were made to the TCHI website.
- Membership numbers at November 2020 with changes in last 12 months:
 - Certified Instructors (Members) 1890 down from 2687
 - Premier Members 653 down from 936
 - Senior Trainers 129 up from 121
 - Master Trainers 67 down from 72.
- Bank Balances (as at October 2020):
 - A\$52,943.58, a decrease from A\$100,476.78 in October 2019.



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- Training and Education: New training framework for Senior Trainer training conducted in 2020 with very good reviews. For MTs, the statement of core competencies to ensure consistent information and training at Instructor Training workshops has been implemented.
- Plans for 2021 include promoting virtual workshops globally, developing new instructor workshops based on online/personal interaction hybrid, exploring digital instructor certificates, conducting research of new training modules, further website improvements, engaging new partners/communities in TCH programs to continue to expand their reach.

Meeting closed at 9:00 hours AEST with Dr Lam thanking everyone for their interest and attendance.

Chaired by Dr. Paul Lam, Director

Minutes by Jocelyn Simpson