

Reasons to come

- ◆ Learn this new program personally from Dr Lam with his colleagues.
- ◆ Physical and occupational therapists may find it a useful tool for their patients/clients.
- ◆ Useful tool for caregivers.
- ◆ Learn how to gently encourage and empower even the most debilitated participants.
- ◆ Deepen your understanding of tai chi principles.
- ◆ Be the first group of certified instructors for this program

Dr Paul Lam

Dr Paul Lam, a family physician in Sydney, Australia, is a world leader in the field of tai chi for health improvement. The Centers for Disease Control and Prevention (CDC.gov), Arthritis Foundation and National Council on Ageing recommends his Tai Chi program/s.

Dr Lam has been studying tai chi for over forty years. He is proficient in different styles and has created several Tai Chi for Health programs that have improved the health of millions of people worldwide.

He is one of the most sought after tai chi teachers having trained thousands of instructors. Dr Lam has written several tai chi books including *Teaching Tai Chi Effectively* and his memoir, *Born Strong*. His instructional DVDs are global best sellers around the world.

Who Will Benefit?

Almost any can enjoy this unique program, simple but with depth. This is a deeply empowering program, which can be taught to people with different levels of memory loss.

Tai Chi for Memory can improve and prevent memory loss, as well as helping caregivers and family members.

Instructors can learn to teach this program to your participants who love any Tai Chi for Health program/s.

UPDATES

Current instructors can request Tai Chi for Health certificate updates with advance notice and submitting an assignment one month prior to the workshop. Cost: \$45 per program.

\$30 CEC/CEU 13 CONTACT HOURS

- To Be Confirmed

The American College of Sports Medicine's Professional Education Committee certifies that the Tai Chi for Health Institute meets the criteria for official ACSM Approved Provider status from 2015-December 2018.

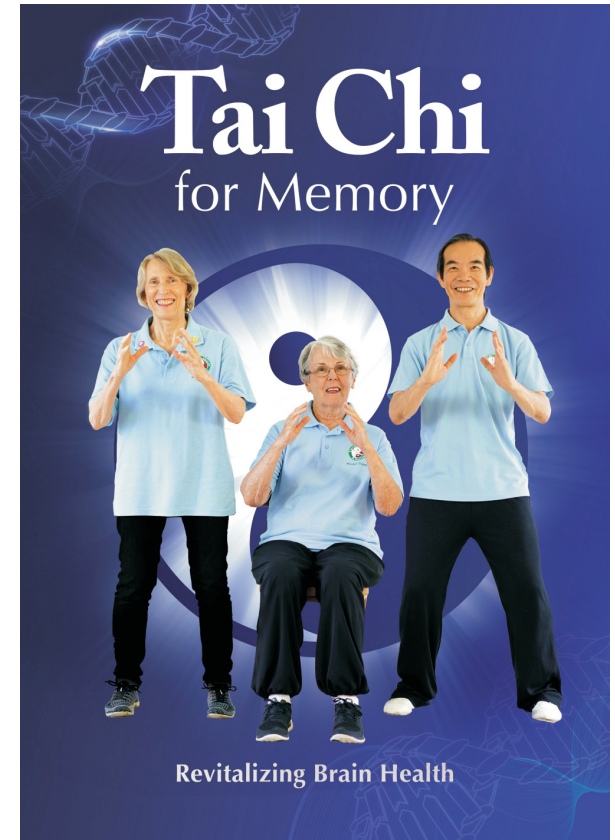
The Tai Chi for Health Institute is approved as a provider of continuing education by the Kansas State Board of Nursing. The course offering is approved for up to 16.5 contact hours applicable to APRN, RN, or LPN re licensure. KS State Board of Nursing Provider Number (SP1426-0119).

For more information:

Service@DrLamTaiChiWorkshops.com

or 844-823-7526

To register online please visit:
www.tchi.org/workshops



Join Dr Lam's instructor training workshop for this specially designed program to improve and prevent memory loss.

**October 9-10, 2018
CAPE CORAL, FL, USA**