

NSW Government. Register number INC 9897544

# MEETING held GMT+8 on 3<sup>rd</sup> June 2018 via Go to Meeting PRESENT:

Tang Ching Lau (Chair) Jocelyn Simpson (Secretary)

Dr. Paul Lam (Director) Winnie Lo (Treasurer)

Pat Lawson Dave Carter Hazel Thompson (COO) Brenda Hum

# 1. WELCOME & APOLOGIES

The Chair welcomed all to the meeting. Apologies were recorded from Margaret Brade and Sarah Malia.

## 2. MINUTES OF LAST MEETING

JS

The minutes of the meeting of 6<sup>th</sup> May 2018 were proposed by Dave Carter and seconded by Winnie Lo. All agreed. Jocelyn to send PDF to Hazel for the website.

- 3. MATTERS ARISING (not otherwise on the agenda)
- 3.1 Review of Bylaws: Margaret to update regarding member terms MB and ST representation (See Item 6.1). The Chair to follow with Chair Margaret.
- 3.2 TCP and TCHI, future finance of TCHI:
  - 3.2.1 Payment of Core Costs: Core costs are now included in the approved 2018 annual budget. The Board previously approved retaining an Australian attorney to handle the staff contract, the TCHI contract with TCP as outlined in Item 3.2.3 and possibly website ownership. The Chair to follow with Margaret.
  - 3.2.2 Website Redesign: Note to continue clear language regarding the distinction between TCP and TCHI on new website. Redesign to maintain authoritative look (as proposed by Philomena) balanced with improved usability. Minimal cost for design change. Redesign is in its final stages.
  - **3.2.3 TCHI Contract with TCP:** TCHI and TCP plan to have a contract whereby TCP provides discounts to TCHI members and TCHI provides a link on TCHI website to TCP. Margaret had recommended clarification regarding the new online lessons, whether subscription income goes to TCP or TCHI, to continue to note distinction between TCHI and TCP. Dr. Lam and Margaret to pursue and develop. The Chair to follow with Margaret.

Paul L MB Chair

The Paul Land

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3.3 "Outstanding Contributors" on TCHI Website: Pat to coordinate the nomination process. There are currently no nominations. Pat provided PDF nomination form to Dr. Lam to discuss with web designer use of PDF or Google form to be downloaded to website. This to be deferred until website redesign is completed. Board consensus is required for approval of nominated candidates. Pat to prepare submission for newsletter to create more awareness of this process.

Pat L Paul L

# 4. INSTITUTE GOVERNANCE & ADMINISTRATION

# 4.1 Membership

WL

- 4.1.1 Numbers:
- -MT 67 (same)
- -ST 116 (up 1)
- -Premier Instructors 704 (up 29)
- -Instructors 1578 (down 85)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories, and includes only those current on membership fees.)

4.2 Finance Report

Balance as of end of May 2018: \$39,205.33 WL

5. INSTITUTE SUB COMMITTEES

**5.1** Harmonization Committee: No report.

5.2 Promotion & Resources: No report. Chair

Paul L

5.3 Research & Development: No report. Paul L

Chair, Pat

5.4 Training & Education: Paul L

**5.4.1 ST Training** Pat L

**5.4.1.1 Pilot Program for ST Nominees:** Dr. Lam to work with



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Pat Lawson on a pilot program for those nominated to become STs. Pat to follow with Dr. Lam regarding pilot training in other parts of the world. The Board is also looking into the option of online training.

**5.4.1.2 ST Dropbox:** A dropbox has been created specifically for Senior Trainers to contain documents pertaining to STs, including the resource manual and important emails. Dr. Lam to send invitation to STs once items are made available. Pat will coordinate with Dr. Lam on making contents available in a read only format to be accessed by STs and MTs. Relevant members of the Board, including Training Committee Chair, Secretary, ST and MT representatives, Director and Manager will be contributors.

**5.4.1.3 ST Training at Annual Workshops:** The Board discussed and agreed to look into separate ST training at the annual workshops so that STs may have training which directly deals with their unique role as Senior Trainers. The ST subcommittee had proposed that where STs and MTs had common interests their training could be combined, but that separate training was recommended with regard to the unique differences between the roles of STs and MTs. Also discussed was the possibility of a one-day ST training held separately from the annual workshops in various countries during Dr. Lam's visits to those countries.

The subject of ST renewal of accreditation every two years was discussed with recommendation of a point system. This provides flexibility for those who cannot attend training at the annual workshops each year.

# 5.4.2 MT Training

Some USA MTs suggested a one-page summary of bullet points as to how the TCH programs work and will submit a draft to the Education subcommittee for review. Dr. Lam made mention of documents already in MT dropbox. He recommended this be included in the MT meeting at the June workshop. Pat to follow up.

# 6. ANY OTHER BUSINESS

# 6.1 Board Elections

Jocelyn reviewed the bylaws regarding our election process and made recommendations for streamlining the process, some of which require changes to the bylaws. Proposed changes include the following: ensuring ST representatives are from different nations, and streamlining all terms to 4 years. Margaret to review

Chair, JS, MB



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and revise the bylaws. Jocelyn also proposed that we work to encourage participation in the election process, and increase the time of notice for nominations, etc. We also need to clarify further who can nominate for open positions, as many in this year's election voted for candidates for which they were not qualified to vote. Therefore we need to return to separate emails for regions and positions to ensure proper voting. It was also recommended that we make clear who sees the nominations to avoid any conflict with current candidates. Since we use an Elections Committee that should be easy to do, with committee composed of members not up for election. The Chair proposed we begin the election process in November for terms which begin the following February.

6.2 Certificates JS, SM

At November's meeting Sarah had summarized two concerns about attendance certificates: 1) the cost and 2) potential confusion/perception as to whether one is certified or not. Winnie had indicated the previous cost of attendance certificates was \$2. The question arose as to our instructor qualification certificates, perhaps changing the name to help clarify regarding Board Certification, such as Training Certificate, since certification is not complete until licensed through TCHI membership, which occurs following the training workshop.

# 6.3 TCHI Dropbox

Dr. Lam proposed a TCHI dropbox to contain Institute documents, so they are easily available to the TCHI Board.

# 6.4 European General Data Collection Regulations

The Board would like to express its appreciation to Shane Gallagher and Dino Bernardo (IT team) for their excellent work in ensuring our compliance with the European General Data Collection Regulations with regard to the TCHI database.

#### 7. KEY ACTIONS

Item 2 Jocelyn to send PDF of approved Minutes to Hazel Item 3.1 Margaret to revise bylaws with regard to elections Item 3.2.1 Dr. Lam to obtain attorney for contractual agreement for staffing. Margaret and Dr. Lam to pursue and develop. Item 3.2.2 Dr. Lam to ensure clarification statement regarding TCP and TCHI remain with new website redesign.	JS MB Paul L MB Paul L
Item 3.2.3 Dr. Lam to obtain attorney to draft contract between TCP and TCHI regarding discounts provided in exchange for TCP link on TCHI website. Margaret and Dr. Lam to pursue and	Paul L MB

# CHI for HE AF

#### DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC

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develop.

**Item 3.3** Hazel to make available criteria for outstanding contributors on website. Dr. Lam to explore use of pdf or google nomination form to be accessed from website. Pat to provide Hazel article for the newsletter to aid awareness of this new program.

HT, Pat Paul L

**Item 4.1** Dr. Lam to develop educational campaign to make instructors aware and show benefits of TCHI membership and Board Certification.

Paul L

Item 4.2 The Chair to ask Winnie about admin fees.

Chair

**Item 5.3** Chair and Dr. Lam to review and progress these issues. Pat to liaise with TCHC on possible funding.

Chair Paul L

**Item 5.4** Dr. Lam and Pat to develop ST training pilot program. Pat to send resource materials to Dr. Lam for ST dropbox. Pat, Jocelyn and Dr. Lam to finalize ST renewal point system. Pat to liaise with USA MTs regarding one-page summary.

Paul L Pat

**Item 6.1** Margaret to write up proposal of bylaw changes regarding Board elections to the Board. Margaret then to revise bylaws.

MB

**Item 6.2** Sarah to make recommendations on clarification revisions to certificate template. The Board to engage in email discussion.

SM,Board

# 8. DATE OF NEXT MEETING

The date of the next scheduled meeting was agreed as GMT + 8 Sunday 1<sup>st</sup> July 2018 via Go to Meeting.

Dates for 2018 had been listed on the agenda.

The meeting closed at GMT 12.26

Chaired by Tang Ching Lau

Minutes by Jocelyn Simpson