



**DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC**  
NSW Government. Register number INC 9897544

### **TCHI Annual General Meeting**

Date: 9<sup>th</sup> January 2019

Venue: Sydney NSW Australia 21st Annual Tai Chi Workshop

Commenced: 17:10 hours

Attendance: Director – Dr Paul Lam  
Treasurer – Winnie Lo  
Member of the Board – Pat Lawson, Dave Carter, Brenda Hum  
Chief Operating Officer – Hazel Thompson  
50Members including Master Trainers, Senior Trainers, Instructors

Apologies: Chairperson- Raymond Lau  
Deputy Chair – Margaret Brade  
Secretary – Jocelyn Simpson  
Board Members –Sarah Malia

The Tai Chi for Health Institute Annual General Meeting was opened by Dr. Lam. He welcomed the Board and all the members to the AGM, including the Master Trainers, Senior Trainers, Instructors, members and visitors to the 21st Annual Tai Chi Workshop.

Dr. Lam provided a brief history of the mission and development of the Tai Chi for Health Institute and its structure. The Chair, DrLau, had provided a written summary review of 2018, attached, which was read and included:

Membership numbers in Dec 2018 are confirmed as:

Certified Instructors	2214 up from 1664 in December 2017
Premier Members	868 up from 531 in December 2017
Senior Trainers	125 up from 111 in December 2017
Master Trainers	66 down from 69 in December 2017

Bank and Paypal balances end Dec 2018: \$ 61,945.77 AUD from \$38,725 in Dec 2017. Dr. Lam noted membership and finances are significantly increased.

Dr Lam then asked for questions from the floor.

There was a question asking if it would be possible to introduce "Associate Membership for people who were not Trainers/Instructors. Dr Lam answered that this would require a change to the bye-laws. Dave Carter will ask the Chair to put this on the Agenda for the next meeting of the Board in February.

There was a question from an Indian psychologist about being associated. Dr Lam asked her to write formally.

There was a question about working with healthcare providers / hospitals etc. There followed some discussion around access to government subsidies for the elderly attending Tai Chi classes, including through Health Funds and the NDIS. There was a general concern that the NDIS is focused on individual providers, and that the process is difficult. The comment was made that My Aged Care is more accessible at the moment. The "Older Australian" website can be helpful here. Dr Lam agreed that the Board would consider this whole issue.

There was a question about TCHI structures and sub-committees. Dr Lam provided the email: [Service@tchi.org](mailto:Service@tchi.org) for those wishing to make enquiries or express an interest in serving. The sub-committees are currently: Education & Training; Harmonisation; Research; Finance.

Pat Lawson reminded those in attendance that, as pointed out at the previous AGM, the Board welcomes nominations for Outstanding Contributors to the mission and vision. A form is available on the website.

Dr Lam closed the meeting at 17.41

Dave Carter (with thanks to Pat Lawson)