



DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC

NSW Government. Register number INC 9897544

### **TCHI Annual General Meeting**

Date: Thursday 9<sup>th</sup> January 2020

Venue: Wollongong NSW Australia 22<sup>nd</sup> Annual Tai Chi Workshop

Commenced: 16:35 hours AEST

Attendance: Director – Dr Paul Lam  
Members of the Board – Aileen Bonaparte, Rosalie Rudduck  
Chief Operating Officer – Dianne McGrath  
33 Members and visitors including Master Trainers, Senior Trainers and Instructors

Apologies: Chairperson – Raymond Lau  
Deputy Chair – Margaret Brade  
Secretary – Jocelyn Simpson  
Treasurer – Winnie Lo  
Board Members – Dave Carter, Pat Lawson, Sarah Malia, Elizabeth Hill

**Opening:** The Tai Chi for Health Institute Annual General Meeting was opened by Dr Lam. He welcomed members of the Board, Master Trainers, Senior Trainers, Members and visitors to the 22<sup>nd</sup> Annual Tai Chi Workshop.

The **Chairperson, Dr Lau's written report for 2019** (attached) was read and included:

- Highlights for the year: Successful continuation of the new membership system and enhancing the TCHI website, new scholarship scheme, recognition by Exercise Association of New Zealand and New Zealand Registered Exercise Professionals.
- Membership numbers in December 2019 with changes in last 12 months:
  - Certified Instructors (Members) 2687 up from 2214
  - Premier Members 936 up from 868
  - Senior Trainers 121 down from 125
  - Master Trainers 72 up from 66.
- Bank Balances (as at October 2019):
  - \$100,476.78, an increase from \$61,945.77 in December 2018.
  - Scholarships awarded so far in 2019 totalled \$17,622.00 with the balance in the Scholarship Fund of \$12,367.00.
- Training and Education: Implementation of new training framework for Senior Trainer training. Development of a statement of core competencies to ensure consistent information and training at Instructor Training workshops.
- Plans for 2020 also include research of new training modules (Tai Chi for Memory) and extending the Tai Chi for Health vision throughout the world.



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**Timing of the TCHI Financial Year:**

Background: We need to change our financial year dates so that the timing of the AGM at the Annual Workshop in January allows adequate time for our accountants to prepare financial statements, but is still within six (6) months of the end of our financial year. Currently our financial year is 1<sup>st</sup> July to 30<sup>th</sup> June and the accountants have suggested 30<sup>th</sup> September as the end of our new financial year.

**MOTION:** "That the financial year for the Tai Chi for Health Institute be 1<sup>st</sup> October to 30<sup>th</sup> September the following year, with the transition year being 2019-2020".

Moved: Rosalie Rudduck      Seconded: Janet Cromb

Carried.

**Other business:**

- Members were assured that website improvement (including speed) is ongoing, as this is recognised as an important support for all members.
- Question was raised about the development of an app for easier access to the website. Dr Lam requested that interested members email the TCHI [service@tchi.org](mailto:service@tchi.org) with what they would like to be included in the app.
- Members were reminded that the monthly newsletter is also a valuable source of information and support. Appreciation was extended to Dr Lam for the videos included in the newsletter.

**Meeting closed** at 17:00 hours AEST with Dr Lam thanking everyone for their interest and attendance.

Chaired by Dr. Paul Lam, Director

Minutes by Rosalie Rudduck