DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC



NSW Government. Register number INC 9897544

MEETING held GMT+8 on 4th July 2021 via Zoom PRESENT:

Tang Ching Lau (Chair)
Dr. Paul Lam (Director)
Winnie Lo (Treasurer)
Jocelyn Simpson (Secretary)

Rosalie Rudduck
Pat Lawson
Aileen Bonaparte
Dave Carter

In attendance: Andrea Lam

1. WELCOME & APOLOGIES

The Chair welcomed all to the meeting. Apologies were recorded from Margaret Brade, Sarah Malia and Elizabeth (Libby) Hill.

The Chair also welcomed Andrea Lam as an observer.

2. MINUTES OF LAST MEETING

Proposed by Dave Carter and seconded by Pat Lawson that the minutes of the meeting of 30th May 2021 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for the website.

3. MATTERS ARISING (not otherwise on the agenda)

3.1 The Pandemic World (look to the future):

Chair

It was discussed that according to many leading scientists there was unlikely to be a 'post' pandemic world as such, so there was a need to plan for the wax and wane of the virus.

3.2 Board Elections 2022

JS

Election to be held January 2022. Current members willing to serve again are Dr. Lam – director, Dr. Lau – chair, Margaret Brade – vice chair, Pat Lawson – MT rep USA/Canada. Email to be sent to qualified members to see if there is other interest in serving in these offices.

3.3 Website Ownership

DPL

The legal agreement was in process with Dr. Lam's lawyer who was familiar with the Institute's situation. However he was currently unavailable due to a bereavement so a delay was expected. It

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was agreed to be kept on the agenda and an update planned for the August meeting.

3.4 Nomination of Dr. Bob McBrien for the Innovative Excellence and Community Partnership Award

PL, DPL

Dr. Lam nominated Dr. Bob McBrien for the Institute's highest award due to his many contributions to TCHI, including its formative years. Dr. Lam with Pat Lawson to provide a summary of his contributions. The Board to vote at August meeting. The award to be made in person at the June 2022 workshop.

4. INSTITUTE GOVERNANCE & ADMINISTRATION

4.1 Membership

WL

Numbers at end of June:

- -MT 67 (same)
- -ST 128 (plus 1)
- -Premier Instructors 643 (down 13)
- -Instructors 1762 (plus 43)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

4.2 Finance Report

Revenue for June 2021 \$8855.00 made up of \$6632.00 Membership Fees and \$2223.00 Certificate fees.

WL

Balance as at the end of June 2021: \$50,486.37

5. INSTITUTE SUB COMMITTEES

5.1 Harmonization Committee:

MB

No new activity to report.

5.2 Promotion & Resources:

Chair

IMTQA – Oct. 23 recorded presentations with presenter available to respond to questions. Submissions made by Dr. Lam, Rhayun Song and possibly Pat Lawson.

5.3 Research & Development:

Chair

No Update but noted some work ongoing but progress had been and continued to be difficult in the pandemic situation.

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5.4 Training & Education:

5.4.1 Consideration for adjustment of protocol for virtual instructor PL training, specifically regarding number of post workshop Zoom sessions required for new instructor candidates.

5.4.2 Pre-workshop video requirement shown to be effective.

5.4.3 Tai Chi for Kids – First MT training with emphasis on mindfulness for all ages of young people was conducted to promote this program in response to increased awareness of mindfulness in schools and other organizations.

6. ANY OTHER BUSINESS

The Board and TCHI Master Trainers would like to express their appreciation to Dino Bernardo for his work to create digital instructor training certificates. The feedback has been quite positive, noting its ease of use as well.

7. KEY ACTIONS

Item 2 Jocelyn to send PDF of approved Minutes to Dianne	JS
Item 3.2 Jocelyn re elections; those up for re-election to submit bios	JS
Item 3.3 Website ownership (August)	Paul L
Item 3.4 Dr. Lam and Pat to collaborate on write-up of Dr. McBrien's achievements in preparation for the August vote	PL, DPL

8. DATE OF NEXT MEETING

The date of the next scheduled meeting was 1st August and availability to be checked and date confirmed.

Dates for 2021 had been listed on the agenda.

The meeting closed at 21:40 AEST. Chaired by Tang Ching Lau Minutes by Jocelyn Simpson