



**MEETING held GMT+8 on 7<sup>th</sup> March 2021 via Zoom**

**PRESENT:**

Tang Ching Lau (Chair)	Aileen Bonaparte
Dr. Paul Lam (Director)	Rosalie Rudduck
Winnie Lo (Treasurer)	Pat Lawson
Jocelyn Simpson (Secretary)	Dave Carter
Margaret Brade (Vice Chair)	

**1. WELCOME & APOLOGIES**

The Chair welcomed all to the meeting. Apologies were recorded from Sarah Malia and Elizabeth (Libby) Hill.

**2. MINUTES OF LAST MEETING**

Margaret Brade proposed and Pat Lawson seconded that the minutes of the meeting of 7<sup>th</sup> February 2021 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for the website.

JS

**3. MATTERS ARISING (not otherwise on the agenda)**

**3.1 Post-Pandemic World (look to the future):**

- 3.1.1 Develop framework for future of TCHI
- 3.1.2 Blended Learning – combining in person and virtual
- 3.1.3 Virtual workshops reaching past geographical barriers, producing new instructors world-wide
- 3.1.4 Focus on fidelity and study results

Chair

**3.2 Board Elections 2022**

- 3.2.1 Election notice to be sent out September 2021 for the following offices:
  - 1) Director
  - 2) MT Asia/Europe
  - 3) MT USA/Canada
  - 4) ST Asia/Europe

**4. INSTITUTE GOVERNANCE & ADMINISTRATION**

**4.1 Membership**

WL

- 4.1.1 Numbers:
  - MT 68 (plus 1)



-ST 129 (same)

-Premier Instructors 643 (plus 1)

-Instructors 1803 (plus 32)

(The "Instructors" figure reflects "Standard Memberships" only.  
Total membership is reflected by totaling all categories and  
includes only those current on membership fees.)

#### **4.2 Finance Report**

Balance as of end of February 2021: \$55,870.34

WL

### **5. INSTITUTE SUB COMMITTEES**

**5.1 Harmonization Committee:** No new activity to report.

MB

#### **5.2 Promotion & Resources:**

Paul L  
Chair

5.2.1 Pat attended IMTQA meeting as TCHI representative

5.2.2 Documents to be submitted for additional recognition (from  
watchdog to "recommended") regarding arthritis benefits of TCA  
(Professor Lee Callahan did largest study regarding effectiveness  
of Tai Chi for Arthritis program)

**5.3 Research & Development:** Pending publication of Dr. Rhayun  
Song's study regarding Tai Chi for Memory

Paul L  
Chair

#### **5.4 Training & Education:**

5.4.1 Dr. Lam has completed an alternative Instructor Training  
Program incorporating Stage 1 self-paced 20+ hour online training  
along with Stage 2 one day workshop with Master Trainer, to  
further standardize the training and make it more accessible to  
participants. This inaugural workshop is scheduled for April 14/15,  
2021.

Pat L  
Paul L

### **6. ANY OTHER BUSINESS**

6.1 Ongoing discussion with Dr. Lam regarding the legal status of  
the TCHI website ownership.

Chair



**7. KEY ACTIONS**

- Item 2** Jocelyn to send PDF of approved Minutes to Dianne. JS
- Item 3.1.1-2** Chair to present framework for future of TCHI and blended learning tips at April meeting. Chair
- Item 6.1** Attorney Paul Pritchard retiring but working with replacement, expected to provide proposal regarding website ownership by March Board meeting. Paul L
- Jocelyn to work with Margaret regarding updated bylaws to upload to website. JS, MB

**8. DATE OF NEXT MEETING**

The date of the next scheduled meeting was agreed as GMT + 8 Sunday 4 April 2021 via Zoom.

Dates for 2021 had been listed on the agenda.

The meeting closed at 21:49 AEST.

Chaired by Tang Ching Lau

Minutes by Jocelyn Simpson