



MEETING held GMT+8 on 5th September 2021 via Zoom

PRESENT:

Dr. Paul Lam (Director)	Rosalie Rudduck
Tang Ching Lau (Chair)	Pat Lawson
Margaret Brade (Vice Chair)	Dave Carter
Winnie Lo (Treasurer)	Aileen Bonaparte
Jocelyn Simpson (Secretary)	

1. WELCOME & APOLOGIES

The Chair welcomed all to the meeting. Apologies were recorded from Sarah Malia and Elizabeth (Libby) Hill.

2. MINUTES OF LAST MEETING

Proposed by Dave Carter and seconded by Pat Lawson that the minutes of the meeting of 1st August 2021 be approved. All agreed. JS
Jocelyn Simpson to send PDF to Dianne McGrath for the website.

3. MATTERS ARISING (not otherwise on the agenda)

3.1 The Pandemic World (look to the future):

Chair

3.1.1 Discussion regarding seeing virtual as a valid way of delivering TCH programs, not just a method to use during the pandemic. Dr. Lam to set up a system to coordinate virtual classes across the world. Stage 1 Self Paced Study Course to expand to other programs.

3.1.2 During the instructor forum with approximately 120 instructors joining, 30% are running virtual classes, with 60% desiring to learn how to do the same.

3.1.3 Face to face classes are still very important, as the social component is important. The 3D perspective is also not easy for some of the learners.

3.2 Board Elections 2022

JS

Elections to be held January 2022 for Director, Chair, Vice Chair and MT rep for USA/Canada. Email to be sent in September/October to qualified members for nominations for these offices.



3.3 Website Ownership

The legal agreement is in process with Dr. Lam's lawyer who is familiar with the Institute's situation. Dr. Lam has a meeting set with the attorney after which Margaret Brade will review the agreement. DPL

3.4 Website Update

Due to the age of the website, IT personnel expressed the need for reconstruction. Discussion regarding funding options. DPL

3.5 NCOA Article

Dr. Lam to update instructors.

3.6 Scholarship Funding Options

Scholarship funding has been paused due to financial impact of pandemic. Other sources of funding to be explored to support the 3 honorees to be honoured at June 2022 annual workshop.

3.7 EBP Accessibility Adaptations

Discussion exploring what more we can do in this area.

4. INSTITUTE GOVERNANCE & ADMINISTRATION

4.1 Membership

WL

Numbers at end of August:

-MT 67 (same)

-ST 128 (same)

-Premier Instructors 614 (down 18)

-Instructors 1714 (down 36)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

4.2 Finance Report

Revenue for August 2021 \$8416.60 made up of \$6718.60 Membership Fees and \$1698.00 Certificate fees. WL

Balance as at the end of August 2021: \$45,867.17



5. INSTITUTE SUB COMMITTEES

- 5.1 Harmonization Committee:** MB
No new activity to report.
- 5.2 Promotion & Resources:** Chair
5.2.1 IPRICE (injury prevention) with Emory University incorporating Tai Chi for Arthritis & Fall Prevention to have national exposure in USA.
5.2.2 Arthritis Foundation USA and Canada recently uploaded TCHI video to their respective websites.
- 5.3 Research & Development:** Chair
Several studies are ongoing.
- 5.4 Training & Education:**
5.4.1 Stage 1 self paced study for Tai Chi for Diabetes and Beginners to be rolled out soon. More to be developed. Pat L
5.4.2 Dr. Lam to develop a structured way to deliver virtual classes.
5.4.3 Instructor Forums going well. The Chair to be guest speaker at October Forum "How Tai Chi Protects Immunity".

6. ANY OTHER BUSINESS

7. KEY ACTIONS

- Item 2** Jocelyn to send PDF of approved Minutes to Dianne JS
- Item 3.2** Jocelyn re elections JS
- Item 3.3** Website ownership (Oct) DPL
- Item 3.4/6** Look into other areas of funding Board
- Item 5.2** Dr. Lam to consult attorney regarding possible new types of memberships, possible tax exempt status, look into scheduling a third International Tai Chi for Health Conference and possible meeting with Dr. Oh of IMTQA. DPL
- Item 5.3** Dr. Lam to look into possible study regarding Stage 1. DPL



8. DATE OF NEXT MEETING

The date of the next scheduled meeting was 3rd October.
Availability to be checked and date confirmed.

Dates for 2021 had been listed on the agenda.

The meeting closed at 22:04 AEST.

Chaired by Tang Ching Lau

Minutes by Jocelyn Simpson