DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC



NSW Government. Register number INC 9897544

MEETING held GMT+8 on 7th May 2023 via Zoom PRESENT:

Dr. Paul Lam (Director)
Tang Ching Lau (Chair)
Jocelyn Simpson (Secretary)
Rosalie Rudduck

Hillary Simon
Elizabeth (Libby) Hill
Pat Lawson
Lorraine Norton
Annette Plank

1. WELCOME & APOLOGIES

Chair

The Chair welcomed all to the meeting. Apologies recorded from Margaret Brade and Winnie Lo.

2. CHANGES IN CONFLICT OF INTEREST

No changes reported.

3. MINUTES OF LAST MEETING

JS

Proposed by Libby Hill and seconded by Lorraine Norton that the minutes of the meeting 2nd April 2023 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for posting to the TCHI website.

4. MATTERS ARISING (not otherwise on the agenda)

4.1 Annual ST/MT Recognition at Annual Workshops:

All agreed to begin use of this recognition at the January 2024 LN,LH,MB annual workshop in Australia. Lorraine Norton, Libby Hill and Margaret Brade to put together application form.

4.2 June Meeting Date

No meetings to be held during workshop months (January/June).

5. INSTITUTE GOVERNANCE & ADMINISTRATION

DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC



NSW Government. Register number INC 9897544

5.1 Membership

WL

Numbers at end of April 2023:

- -MT 70 (same)
- -ST 121 (same)
- -Premier Instructors 493 (down 25)
- -Instructors 1614 (up 6)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

"Supporting Memberships" still in process with IT. Dr. Lam to mention this new membership during his talk at the June workshop, and also at the January 2024 AGM.

5.2 Finance Report

Revenue for April 2023 is \$9,463.00 made up of \$8,133.00 Membership Fees and \$1330.00 Certificate Fees

WL

Balance as at the end of April 2023: \$31,109.90

\$83,104.00 owed for administrative fees to Tai Chi Productions (December 2021 – September 2022)

\$22,000 Website Phase 2 Upgrade

6. INSTITUTE SUB COMMITTEES

6.1 Harmonization Committee:

MB

Tang Ching, Margaret Brade and Pat Lawson to join committee to explore an instructor concern.

6.2 Promotion & Resources:

DPL, Pat

Dr. Lam is working with Master Trainers in India employing social media to spread the programs. Pat Lawson recommended a social media template for instructors.

6.3 Research & Development:

Chair, DPL

Rhayun Song to share at symposium, including Tai Chi for Memory study, at Tai Chi & Qigong as Whole Person Health Conference (co-chairs Peter Wayne and Gloria Yeh). Dr. Lam to speak on instructor accreditation/certification.

DR PAUL LAM TAI CHI FOR HEALTH INSTITUTE INC

NSW Government. Register number INC 9897544

6.4 Training & Education:

Pat L

Pat Lawson reported that nearly 100 are registered for the upcoming annual June Workshop, the first in person annual workshop in USA since the pandemic.

7. ANY OTHER BUSINESS

7.1 The Chair to discuss with Kartiki and Sylvia regarding starting a telegram/whatsapp community and more social media presence.

Chair

7.2 Hillary discussed with Physiotherapy Association in Australia about recognizing TCHI programs as recognized exercise.

HS

8. KEY ACTIONS

Item 3 Jocelyn to send PDF of approved Minutes to Dianne

JS

Item 4.1 Lorraine, Libby, Margaret to put together application form for ST/MT recognition

LN,LH,MB

Item 5.1 Update on Supporting Membership next meeting

DPL

Item 6.1 Harmonization Committee to explore instructor concern

MB,Pat,Chair

Item 7.1 Chair to discuss telegram/whatsapp community, more social media presence with Kartiki and Sylvia

Chair

Item 7.2 Hillary to pursue recognition of TCHI programs by Physiotherapy Association as approved exercise

HS

9. DATE OF NEXT MEETING

The date of the next scheduled meeting was 2nd July, 2023. Availability to be checked and date confirmed.

Dates for 2023 had been listed on the agenda.

The meeting closed at 32:37 AEST. Chaired by Tang Ching Lau Minutes by Jocelyn Simpson