



MEETING held GMT+8 on 3rd March 2024 via Zoom

PRESENT:

Dr. Paul Lam (Director)	Elizabeth (Libby) Hill
Tang Ching Lau (Chair)	Hillary Simon
Margaret Brade (Vice-Chair)	Lorraine Norton
Winnie Lo (Treasurer)	Patricia Lawson
Jocelyn Simpson (Secretary)	

Evan Wels (CEO) in attendance in administrative capacity.

- 1. WELCOME & APOLOGIES** Chair

Dr. Paul Lam welcomed all to the meeting. Apologies from Rosalie Rudduck.
- 2. CHANGES IN CONFLICT OF INTEREST**

Evan Wells submitted COI form. Elizabeth (Libby) Hill reported she is now serving on the USTCC (United States Tai Chi Community) Board.
- 3. MINUTES OF LAST MEETING** JS

Proposed by Elizabeth (Libby) Hill and seconded by Hillary Simon that the minutes of the meeting 4th February 2024 be approved. All agreed. Jocelyn Simpson to send PDF to Dianne McGrath for posting to the TCHI website.
- 4. MATTERS ARISING (not otherwise on the agenda)**
 - 4.1 ST/MT Recognition at Annual Workshops:** LN, LH, MB

After much deliberation, the Committee has decided to table this item for now, as it has become more complicated than necessary. It was proposed to have a letter of gratitude rather than scholarship and funding for workshop. The Board expresses its appreciation to the Committee members for their work on this item.
 - 4.2 AUSactive draft tai chi instructors' requirements** DPL

Dr. Paul Lam expressed thanks to Elizabeth (Libby) Hill, Pat Lawson, Lorraine Norton and Hillary Simon for their involvement. Requirements were changed pursuant to TCHI advice. This will be useful for the future with regard to other countries as well. Evan



Wells to research further regarding how CEC points are to be awarded in Australia, and also in the United States. The Chair to speak with Evan next week regarding how to address this in Singapore.

4.3 More proactive liaison with accreditation bodies

Evan Wells to look into possibilities with accreditation bodies regarding CECs through Master Trainers and Certified Instructors.

4.4 Application for Charity Status Follow up

To be tabled at this time, with remaining deposit to be returned by attorney.

4.5 Replacement of Annette Plank as Instructor Representative

Board members to submit any suggestions to Director. Since most TCHI instructors reside in the United States, Dr. Lam recommended this position be held by an instructor in the US.

5. INSTITUTE GOVERNANCE & ADMINISTRATION

5.1 Membership

WL

Numbers at end of February 2024:

- MT 69 (down 1)
- ST 128 (up 1)
- Premier Instructors 412 (down 9)
- Instructors 1621 (up 5)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

Supporting Memberships 40

5.2 Finance Report

WL

Revenue for February 2024 is \$12,808.50 made up of \$10,938.00 Membership Fees and \$1,870.50 Certificate Fees

Balance as at the end of February 2024: \$17,797.15

(Treasurer remarked that revenue is getting close to that of pre-covid years)

February profit was \$1,161.00. Total loss this financial year was \$4,485.00



\$83,104.00 owed for administrative fees to Tai Chi Productions
(December 2021 – September 2022)

6. INSTITUTE SUB COMMITTEES

- | | |
|---|---------------|
| 6.1 Harmonization Committee: | MB |
| No new report | |
| 6.2 Promotion & Resources: | Chair,
DPL |
| Pat Lawson represented Dr Lam and TCHI at the American Academy of Stem Cell Physicians. She reported there was great interest in tai chi. The Director encouraged the Academy physicians to learn tai chi and recommend it to their patients. | |
| Hillary Simon reported that the TCHI Facebook Community group has quite a lot of interest. Evan Wels reported that other social media avenues are being explored. | |
| 6.3 Research & Development: | Chair,
DPL |
| The Georgia Institute of Technology, USA, has received additional funding to continue its research using “Seated Tai Chi for Arthritis” virtually with primarily homebound participants, many with severe spinal conditions inhibiting movement. This may expand to additional venues as well. Dr. Lam reported that the outcome is ready to be analyzed and published. The university received a grant for an additional 5 years during which time additional applications will be explored. | |
| 6.4 Training & Education: | DPL, Pat |
| Pat Lawson reported on the upcoming annual June workshop to include an additional new course, Dance of Tai Chi developed by Jerry Pearson, professional dancer and choreographer. The workshop will be held at Pacific University in Forest Grove, Oregon. Margaret Brade suggested using a video clip of the course on social media. Evan Wels to follow up. | |
| 7. ANY OTHER BUSINESS | Chair |
| No additional business | |



8. KEY ACTIONS

- | | |
|---|--------|
| Item 3 Jocelyn to send PDF of approved Minutes to Dianne | JS |
| Item 4.2 Evan to research further regarding how CEC points are to be awarded in Australia and in the United States | EW |
| Item 4.3 Evan to look into other accreditation bodies regarding CEC's | EW |
| Item 4.4 Evan and Dr. Lam to pursue reclaiming unused retainer funds from attorney | EW,DPL |
| Item 4.5 Look for appropriate candidate for "Instructor Representative" on the Board | ALL |
| Item 6.2 Evan to explore further use of social media | EW |
| Item 6.2/4 Evan to pursue posting video clip of "Dance of Tai Chi" on social media | EW |

9. DATE OF NEXT MEETING

The date of the next scheduled meeting was set as 7th April 2024.
Availability to be checked and date confirmed.

Dates for 2024 had been listed on the agenda.

The meeting closed at 22:44 AEST.

Chaired by Dr. Paul Lam

Minutes by Jocelyn Simpson