



MEETING held GMT+8 on 4th August 2024 via Zoom

PRESENT:

Dr. Paul Lam (Director)	Hillary Simon
Tang Ching Lau (Chair)	Patricia Lawson
Margaret Brade (Vice Chair)	Lorraine Norton
Winnie Lo (Treasurer)	Rosalie Rudduck
Jocelyn Simpson (Secretary)	

Evan Wels (CEO) in attendance in administrative capacity.

- 1. WELCOME & APOLOGIES** Chair

Tang Ching Lau welcomed all to the meeting. There were apologies from Elizabeth (Libby) Hill.
- 2. CHANGES IN CONFLICT OF INTEREST**

No changes or additions to the Conflicts of Interest were declared.
- 3. MINUTES OF LAST MEETING** JS

Proposed by Patricia Lawson and seconded by Rosalie Rudduck that the minutes of the meeting 7th July 2024 were agreed and approved for Jocelyn Simpson to send PDF to Dianne McGrath for posting to the TCHI website.
- 4. MATTERS ARISING (not otherwise on the agenda)**
 - 4.1 AUSactive draft tai chi instructors' requirements** EW

Resubmitted and awaiting approval. Hoping to have both Level 1 and Level 2 tiers, as TCHI is the only tai chi organization that can achieve that. AUSactive is providing the first year of membership at no cost for TCHI members.
 - 4.2 More proactive liaison with accreditation bodies** EW

The following was noted:

 - Evan Wels – Evan is working on USA strategy, and ESSA (Exercise and Sports Science Australia). Lorraine offered to assist Evan with ESSA, and accreditation is being drafted.
 - Arthritis Australia – Lorraine suggested we establish relationships with each state in Australia. Arthritis Queensland



recently contacted Rosalee about doing online classes. Slots filled in 2 hours for the first online class.

- Other members to inform Evan of any connections to review.

4.3 Replacement of Annette Plank as Instructor Representative

Dr. Lam nominated Ann Swanson from USA to replace Annette Plank as Instructor Representative on the TCHI Board. MT Patricia Lawson seconded the nomination, and the Board unanimously supported the nomination.

5. INSTITUTE GOVERNANCE & ADMINISTRATION

5.1 Membership

WL

Numbers at end of July 2024:

- MT 72 (plus 1)
- ST 132 (same)
- Premier Instructors 420 (plus 11)
- Instructors 1610 (minus 14)

(The “Instructors” figure reflects “Standard Memberships” only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

Supporting Memberships 51 (plus 6)

-Ask supporting members as to their stories for joining for write up in the newsletter.

-Promote supporting membership on a poster display at workshops emphasizing testimonials, inclusion in TCHI community. Evan to take this on.

5.2 Finance Report

WL

Revenue for July 2024 is \$10,581.38 made up of \$9178.88 Membership Fees and \$1402.50 Certificate Fees.

Balance as at the end of July 2024: \$11,379.42

\$83,104.00 owed for administrative fees to Tai Chi Productions (December 2021 – September 2022)



Evan to look at pre/post covid membership numbers based on geographical locations as to where we have bounced back and where we could use more effort, including stories of MTs who have worked hard to train instructors.

6. INSTITUTE SUB COMMITTEES

- | | |
|---|---------------|
| 6.1 Harmonization Committee: | MB |
| No new report | |
| 6.2 Promotion & Resources: | Chair,
DPL |
| TCHI to be represented at the Age Care Expo in Sydney for the first time. Evan will also attend the Melbourne Expo. | |
| 6.3 Research & Development: | Chair,
DPL |
| The Georgia Institute of Technology, Atlanta GA, USA is publishing their research regarding the use of Seated Tai Chi for Arthritis for homebound participants. They have also produced a promotional video regarding the research and the program. | |
| 6.4 Training & Education: | Pat |
| Examination of ST update process, and perhaps updates in general, as well as update ST description/information on TCHI website. | |
| Promotion of Dr. Lam's Fall Workshops as well as finding venue for USA June 2025 annual workshop. | |
| Lorraine requested statistics of number of Senior Trainers in Australia over the years, looking to recruit more STs. Evan to follow up. | |

7. ANY OTHER BUSINESS Chair

8. KEY ACTIONS

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| Item 3 Jocelyn to send PDF of approved Minutes to Dianne. | JS |
| Item 6.3 Chair to connect with Rhayun regarding TCM study | Chair |
| Item 6.3 Evan to follow up with Research Committee | EW |
| Item 6.4 Training & Education Committee to meet regarding ST | Pat |



and other update revisions.

9. DATE OF NEXT MEETING

The date of the next scheduled meeting to be confirmed.

Dates for 2024 had been listed on the agenda.

The meeting closed at 23:53 AEST.

Chaired by Raymond Tang Ching Lau

Minutes by Jocelyn Simpson