

NSW Government. Register number INC 9897544

# MEETING held GMT+8 on 6<sup>th</sup> October 2024 via Zoom PRESENT:

Jocelyn Simpson (Secretary)
Elizabeth (Libby) Hill
Lorraine Norton

Hillary Simon Patricia Lawson Rosalie Rudduck

Evan Wels (CEO) in attendance in administrative capacity.

#### 1. WELCOME & APOLOGIES

Chair

Evan Wels welcomed all to the meeting. There were apologies from Dr. Paul Lam, Tang Ching Lau, Margaret Brade, Winnie Lo.

#### 2. CHANGES IN CONFLICT OF INTEREST

No changes or additions to the Conflicts of Interest were declared.

3.

## **MINUTES OF LAST MEETING**

JS

Proposed by Elizabeth (Libby) Hill and seconded by Lorraine Norton that the minutes of the meeting 1st September 2024 were agreed and approved for Jocelyn Simpson to send PDF to Dianne McGrath for posting to the TCHI website.

## 4. MATTERS ARISING (not otherwise on the agenda)

# 4.1 AUSactive draft tai chi instructors' requirements

EW

Resubmitted and awaiting approval. Evan to continue to follow up.

#### 4.2 More proactive liaison with accreditation bodies

**EW** 

4.2.1 Australia subcommittee forming to assist, consisting of Lorraine Norton, Hillary Simon, Mike and Denise Soric.

#### 4.3 MT Advisory Council

Patricia Lawson proposed that the Board look into a new category of MTs for those retiring from active service who wish to continue to contribute to the TCHI mission.

Lorraine Norton proposed something similar with regard to

Pat L

LN



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STs.

#### 5. INSTITUTE GOVERNANCE & ADMINISTRATION

#### 5.1 Membership

WL

Numbers at end of September 2024:

- -MT 72 (same)
- -ST 135 (same)
- -Premier Instructors 414 (minus 4)
- -Instructors 1608 (minus 1)

(The "Instructors" figure reflects "Standard Memberships" only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

Supporting Memberships 51 (same)

- -Ask supporting members as to their stories for joining for write up in the newsletter.
- -Promote supporting membership on a poster display at workshops emphasizing testimonials, inclusion in TCHI community. Evan to take this on.

# 5.2 Finance Report

WI

Revenue for September 2024 is \$12,883.68 made up of \$10,333.68 Membership Fees and \$2550.00 Certificate Fees.

Balance as at the end of September 2024: \$6627.68

\$83,104.00 owed for administrative fees to Tai Chi Productions (December 2021 – September 2022)

September 2024 loss: \$1303.79

Total loss 4th quarter 2024: \$6154.04

Total loss for 2024 financial year: \$15,654.95

Evan to look at pre/post covid membership numbers based EW



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on geographical locations as to where we have bounced back and where we could use more effort, including stories of MTs who have worked hard to train instructors.

Discussion on the financial situation and a plan going forward. Chair to discuss with Dr. Lam and CEO. Dr. Lam expressed confidence that the situation will improve given time, mentioning the good work MTs and instructors are doing to promote TCHI, as well as 9 new MTs training in January including 3 from Europe.

#### 6. INSTITUTE SUB COMMITTEES

6.1 Harmonization Committee:

No new report

6.2 Promotion & Resources:

Chair, DPL

MB

TCHI to be represented at the Age Care Expo in Sydney, Australia for the first time. Lorraine Norton and Hillary Simon to attend.

6.3 Research & Development:

Chair, DPL

The Georgia Institute of Technology, Atlanta GA, USA published their research regarding the use of Seated Tai Chi for Arthritis for homebound participants. They have also produced a promotional video regarding the research and the program, currently on YouTube, which TCHI has permission to use as well.

The Research Committee now meets every two months. The next meeting is planned for September 22.

#### 6.4 Training & Education:

Pat

Senior Trainer update process to be revised/clarified 27<sup>th</sup> Annual Tai Chi Workshop to be held in North Wollongong NSW 6<sup>th</sup> – 10<sup>th</sup> January 2025

23<sup>rd</sup> Annual USA Tai Chi Workshop to be held at Lake Junaluska, NC June 9-14, 2025

# 7. ANY OTHER BUSINESS

Chair

Consider circulating the AUSactive talk by Dr. Lam in the



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TCHI newsletter.

## 8. KEY ACTIONS

Item 3 Jocelyn to send PDF of approved Minutes to Dianne.

JS

Item 4.2.1 Australia Sub-Committee to meet

EW,LN,HS,Sorics

Item 7 Evan to check with Dino regarding circulation of the AUSactive video in the newsletter.

## 9. DATE OF NEXT MEETING

The date of the next scheduled meeting to be confirmed.

Dates for 2024 had been listed on the agenda.

The meeting closed at 23:51 AEST. Chaired by Evan Wels Minutes by Jocelyn Simpson