



**MEETING held GMT+8 on 1<sup>st</sup> September 2024 via Zoom**

**PRESENT:**

Dr. Paul Lam (Director)  
Tang Ching Lau (Chair)  
Margaret Brade (Vice Chair)  
Winnie Lo (Treasurer)

Hillary Simon  
Patricia Lawson  
Lorraine Norton  
Rosalie Rudduck

Evan Wels (CEO) in attendance in administrative capacity.

- 1. WELCOME & APOLOGIES** Chair  
Tang Ching Lau welcomed all to the meeting. There were apologies from Jocelyn Simpson.
  
- 2. CHANGES IN CONFLICT OF INTEREST**  
No changes or additions to the Conflicts of Interest were declared.
  
- 3. MINUTES OF LAST MEETING** JS  
Proposed by Lorraine Norton and seconded by Margaret Brade that the minutes of the meeting 4th August 2024 were agreed and approved for Jocelyn Simpson to send PDF to Dianne McGrath for posting to the TCHI website.
  
- 4. MATTERS ARISING (not otherwise on the agenda)**
  - 4.1 AUSactive draft tai chi instructors' requirements** EW  
Resubmitted and awaiting approval. Evan to continue to follow up.
  - 4.2 More proactive liaison with accreditation bodies** EW  
Arthritis Foundation in Singapore is supporting the TCA program, Chair  
which may result in more TCHI instructors there.



## **5. INSTITUTE GOVERNANCE & ADMINISTRATION**

### **5.1 Membership**

WL

#### Numbers at end of August 2024:

- MT 72 (same)
- ST 135 (plus 3)
- Premier Instructors 418 (minus 2)
- Instructors 1609 (minus 1)

(The “Instructors” figure reflects “Standard Memberships” only. Total membership is reflected by totaling all categories and includes only those current on membership fees.)

Supporting Memberships 51 (same)

-Ask supporting members as to their stories for joining for write up in the newsletter.

-Promote supporting membership on a poster display at workshops emphasizing testimonials, inclusion in TCHI community. Evan to take this on.

### **5.2 Finance Report**

WL

Revenue for August 2024 is \$9494.36 made up of \$8219.36 Membership Fees and \$1275.00 Certificate Fees.

Balance as at the end of August 2024: \$7931.47

\$83,104.00 owed for administrative fees to Tai Chi Productions (December 2021 – September 2022)

August 2024 loss: \$3447.95

Total loss October 2023 – August 2024: \$14,351.60

Evan to look at pre/post covid membership numbers based on geographical locations as to where we have bounced back and where we could use more effort, including stories of MTs who have worked hard to train instructors.

Discussion on the financial situation and a plan going forward. Chair to discuss with Dr. Lam and CEO. Dr. Lam expressed confidence that the situation will improve given time, mentioning the good work MTs and instructors are doing to promote TCHI, as well as 9 new MTs training in January including 3 from Europe.



## **6. INSTITUTE SUB COMMITTEES**

- 6.1 Harmonization Committee:** MB  
No new report
- 6.2 Promotion & Resources:** Chair,  
DPL  
TCHI to be represented at the Age Care Expo in Sydney, Australia for the first time. Evan reported positively on the smaller Melbourne Expo.  
CDC (Centers for Disease Control & Prevention in USA) is increasing funding for Tai Chi for Arthritis for older adults.
- 6.3 Research & Development:** Chair,  
DPL  
The Georgia Institute of Technology, Atlanta GA, USA is publishing their research regarding the use of Seated Tai Chi for Arthritis for homebound participants. They have also produced a promotional video regarding the research and the program, currently on YouTube.  
The Research Committee now meets every two months. The next meeting is planned for September 22.
- 6.4 Training & Education:** Pat  
NCOA of USA approached Dr. Lam to develop an all inclusive package for TCA/FP training for simplification of the process and consistent pricing. This package includes all that is required for instructor training. Discussion regarding the possibility of doing this in other countries as well.
- 7. ANY OTHER BUSINESS** Chair  
Consider circulating the AUSactive talk by Dr. Lam in the TCHI newsletter.
- 8. KEY ACTIONS**
- Item 3 Jocelyn to send PDF of approved Minutes to Dianne. JS
- Item 7 Evan to check with Dino regarding circulation of the AUSactive video in the newsletter. EW



**9. DATE OF NEXT MEETING**

The date of the next scheduled meeting to be confirmed.

Dates for 2024 had been listed on the agenda.

The meeting closed at 23:29 AEST.

Chaired by Raymond Tang Ching Lau

Minutes by Rosalie Rudduck and Jocelyn Simpson